



Overcoming silent despair

Inspire2Live Annual Congress 2024 | Amsterdam, October 28 and 29

Silent despair, rooted in our finite understanding of existence, manifests as internal anguish, often camouflaged beneath daily routines. Facing it demands authenticity and introspection, as advocated by Kierkegaard and echoed by disciples like Sartre and Jaspers. Cancer intensifies this existential battle. Kierkegaard's insights, complemented by his followers' perspectives, offers guidance for navigating silent despair amidst illness, by exploring how to embrace authenticity, seek support, confronting existential questions, practicing mindfulness and expressing creativity.

Borges' reflection on memory, coupled with the Japanese concept of Kintsugi, underscores the value of embracing life's scars. Just as Kintsugi repairs broken objects with gold, transforming them into something more beautiful, we can transform our pain into resilience. Society's pressure to appear flawless perpetuates the stigma around vulnerability. Yet it is our struggle that shapes us, akin to the golden scars of Kintsugi. In our journey through life, we encounter moments of pain and trauma. Like the mended pottery adorned with gold, our scars symbolize strength and resilience. By embracing our imperfections and transforming them into sources of beauty and value, we honor the essence of our humanity.

The majority of the people who die from cancer are from low- and middle-income countries. Lack of awareness, late-stage diagnoses, no access to medicine; there is a big and global inequality. We have to close the gap and all stakeholders have their responsibility. That's why Inspire2Live is an organization of all stakeholders in the medical industrial complex who are present at our congress. Our congresses have proven to be the start of many [initiatives](#).

Most of the patients and patient advocates live in the above-mentioned silent despair. How to overcome this? It is our belief that we can get cancer under control when we work together and put the patient in the centre of healthcare. We have more than 90 professional volunteers in more than 40 countries. We believe that the way to do this is to create a coalition of the willing and influence the ones who pull the strings. The Inspire2Live community is able to act upon this.

Our congress will take place at the Royal Netherlands Academy of Arts and Sciences.

Click here to [register for our annual congress 2024 >>](#)

We are thankful for this year's sponsors of our Annual Congress



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Program Inspire2Live Annual Congress

MONDAY, OCTOBER 28, 2024

8.30-9.00	Registration with coffee and tea	
9.00-9.30	Welcome by the conference chairs	Monica Kleijn Evason VitaCor International, Tjebbe Tauber I2L
9.30-10.00	The patient in silent despair	Daniel Gomez I2L
10.00-10.15	Message from the supervisory board	Egge van der Poel
10.15-10.45	Oncology research and treatments in Africa	Ifeoma Okoye University of Nigeria Nsukka
10.45-11.15	Break for coffee, tea and networking	
11.15-11.45	Spontaneous rapid-fire talks: you can sign up for speaking 3 minutes	Participants of the congress
11.45-12.15	Sharing two examples of exiting from silent despair	Stephen Friend Oxford Univ. & 4YouandMe
12.15-13.15	Panel: patient education and awareness: an example and the way to go, moderated by Alejandra Mendez	Franklin Mtei I2L, Barbara Moss I2L, Carmen Monge Montero Youth Cancer Europe, Parag Mankeekar RealLives
13.15-14.00	Lunch, networking and preparation Out in the City.	
14.00-17.00	Out in the City	
Group 1	Liquid biopsy and the clinic at the Dutch Cancer Institute	Remond Fijneman DCI, Henk van Kranen I2L
Group 2	Amsterdam UMC: CAR-T instead of BMT	Anne Spanjaart & Elise Pennings Amsterdam UMC, Jonathan Clark & Peter Kapitein I2L
Group 3	Guided tour through Old Amsterdam North and an empathy walk on the 'Pepijnpad', the path of pain and love	Gert Eijkelboom DNB, Gaston Remmers I2L

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17.00-18.00	Report back 'Out in the city'	Team leads
18.00-18.30	Presentation of the Inspire2Live Patient Advocate Hero of Cancer Awards	Piarella Peralta I2L
19.00-22.00	Networking dinner with music by Mark Moss	

TUESDAY, OCTOBER 29, 2024

8.30-9.15	Registration with coffee and tea	
9.15-9.30	Welcome by the conference chairs	Monica Kleijn Evason, Tjebbe Tauber
9.30-10.00	How are we helping patients under economic restrictions?	Tania Crombet Center of Molecular Immunology Cuba
10.00-11.00	Panel: precision medicine for the global patient: reality or dream? Lead by Piarella Peralta	Nibedita Rath OSPF India, Lawrencia Wiafe Peace and Love Hospital Ghana, Leila Arabi Univ. Mashad Iran, Nathalie Seigneuret IHI, Jeff Waldron Massachusetts General Hospital, USA, Jeroen Adema Illumina
11.00-11.30	Break for coffee, tea and networking	
11.30-11.45	Spontaneous Rapid-Fire Talks. You can sign up	Monica Kleijn-Evason & Tjebbe Tauber
11.45-12.15	Presentation of my work	Ahmed Hassan Abdelaziz Ain Shams Univ. Cairo
12.15-13.45	Multi Cancer Early Detection – the impact and necessity: how to get there, moderated by Kwasi Boahene Pharm Access	Sara Sukumar Johns Hopkins Univ, Mao Mao SeekIn, Ifeoma Okoyo Univ. of Nigeria Nsukka, Harry de Koning Erasmus Univ.
13.45-17.00	Break-out sessions (lunch included)	
Session 1	Improving the aging experience: a workshop on interventions to delay age-related diseases and extend healthy aging	Sebastian Brandhorst Univ. Southern California, Maria Lourdes I2L, Alejandro Martín-Montalvo CABIMER

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Session 2	Cancer Moonshot – how to close the gap?	Ilona Schelle @ Peter Kapitein I2L
Session 3	Access to Medicines for the global patient	Callie Weber IDA Foundation, Tarryn Davey ATM Foundation, Giulia Segafredo Medicine Patent Pool, Piarella Peralta Illumina
17.00-17.30	Report back from the break-out sessions	Team leads
17.30-18.00	Closing of the Congress	Ilona Schelle I2L
18.00-21.00	Final networking dinner with music by Mark Moss	

**We are also thankful for this year's partners
who are facilitating our Annual Congress**



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