



## Quality of Life – ‘Moving evidence into practice’

### How to enhance implementation of evidence-based innovations to improve quality of life of cancer patients

**November 3rd, 2018**

**Location: Amsterdam, Amstelplein 4, 1096 BC, our host is Rabobank Amsterdam.**

8.15	Registration and breakfast.	
8.45	Opening by the chair	Piarella Peralta (I2L)
9.00	The difficult art of implementation: barriers and enablers	Chantal Lammens (IKNL)
9.30	E-health interventions & self-management	Kamal de Bruijn, VWS
10.00	Interventions, what's available and why do we implement so little?	Angela de Boer (AMC) & David Bruinvels (Oncopol)
10.30	Coffee break	
11.00	Building Supportive Care in Cancer: Lessons of the Past Two Decades	Gary Rodin, Princess Margaret Hospital Toronto
11.30	Bridging the gap between evidence-based and practice	Sonja Robben (IPSO)
12.00	Physical exercise – a personal story & How to integrate physical exercise into the cancer care system	Barbara Kerkhof (patient) Martijn Stuiver (NKI)
12.30	Rehabilitation and reimbursement for the non-employees	Jacques van Limbeek (Achmea)
13.00	KWF: Better quality of life	Margreet Verboom (Dutch Cancer Organization)
13.30	Lunch	
14.00	Working session 1. We will split into 4 groups (each group will be chaired by 2 or 3 leaders). We work out several topics in a Manifest during the congress in three separate groups:	
	Group A - Return to Work	David Bruinvels, Sabine Wernars & Saskia Koopmans (both I2L)

**never ever quit!**



Group B – Rehabilitation and reimbursement

Neil Aaronson (NKI) &  
Tugba Turk (I2L)

Group C - E-health interventions & self-management

Carmen Loiselle (McGill)

Group D – Social Psychological aspects of cancer

Sonja Robben & Cornelia Bierens  
de Haan (I2L)

15.00 Report back by the chairs of the sessions.

15.30 Working session 2. We again split into 4 groups (The chairs remain the same; the participants rotate).

16.30 Report back by the chairs of the session. In this session all symposium participants will again participate.

17.00 Wrap up by the chair.

17.15 Closing of the congress

### **Introduction**

Over 100,000 people per year in the Netherlands are diagnosed with cancer. Cancer has a major impact on many aspects of the lives of cancer patients. In addition to medical care, psychological, social and physical care is often needed to cope with the effects of the disease and its treatment. Early detection and treatment of problems such as fear of recurrence, distress and fatigue is crucial to improving re-integration, social participation, and quality of life.

Many innovative interventions have been developed to help maintain and improve the quality of life of people with cancer. Although a number of these interventions are evidence-based, implementation after the research phase often does not take place or only on a limited scale (i.e., locally, within or nearby the setting where the intervention was developed). As a result, only a limited number of patients have access to these evidence-based innovations. How to enhance implementation of evidence-based innovations into clinical care for cancer patients is the central theme of this symposium? The conference will be held on **November 3, 2017 in Amsterdam (Amstelplein 4, 1096 BC). Our host is Rabobank Amsterdam.**

November 6th, 2017.

**never ever quit!**

Getting cancer under control and inspire people to lead Happy and Healthy lives in Harmony with cancer! • [www.inspire2live.org](http://www.inspire2live.org)