Quality of Life – ‘Moving evidence into practice’

How to enhance implementation of evidence-based innovations to improve quality of life of cancer patients

November 3rd, 2018

Location: Amsterdam, Amstelplein 4, 1096 BC, our host is Rabobank Amsterdam.

8.15 Registration and breakfast.

8.45 Opening by the chair

9.00 The difficult art of implementation: barriers and enablers

9.30 E-health interventions & self-management

10.00 Interventions, what’s available and why do we implement so little?

10.30 Coffee break

11.00 Building Supportive Care in Cancer: Lessons of the Past Two Decades

11.30 Bridging the gap between evidence-based and practice

12.00 Physical exercise – a personal story

12.30 Rehabilitation and reimbursement for the non-employees

13.00 KWF: Better quality of life

13.30 Lunch

14.00 Working session 1. We will split into 4 groups (each group will be chaired by 2 or 3 leaders).

Group A - Return to Work

Group B - Rehabilitation

Group C - Physical exercise

Group D - Health interventions & self-management
Introduction
Over 100,000 people per year in the Netherlands are diagnosed with cancer. Cancer has a major impact on many aspects of the lives of cancer patients. In addition to medical care, psychological, social and physical care is often needed to cope with the effects of the disease and its treatment. Early detection and treatment of problems such as fear of recurrence, distress and fatigue is crucial to improving re-integration, social participation, and quality of life.

Many innovative interventions have been developed to help maintain and improve the quality of life of people with cancer. Although a number of these interventions are evidence-based, implementation after the research phase often does not take place or only on a limited scale (i.e., locally, within or nearby the setting where the intervention was developed). As a result, only a limited number of patients have access to these evidence-based innovations. How to enhance implementation of evidence-based innovations into clinical care for cancer patients is the central theme of this symposium? The conference will be held on November 3, 2017 in Amsterdam (Amstelplein 4, 1096 BC). Our host is Rabobank Amsterdam.