



The Manifest

December 26th, 2016

Cancer will be under control before 2021. We see the immense knowledge that is already available and bound to be discovered soon. We realize that a sincere, persistent and efficient cooperation between patients, clinicians and researchers will make this happen. This is our focus.

Reducing Incidence / Prevention

- Making sure that the awareness and importance of a healthy lifestyle will be better understood by citizens.
- Improving a healthy lifestyle by promoting nonsmoking, healthy food, less alcohol, more exercise and a healthy weight, by using evidence based information.
- Creating a movement in society.

Innovation of the Clinical Practice

- Scientific knowledge has to be brought faster from laboratory to the patient.
- Informing patients that they have their own responsibility in participating in (fundamental) research. We will help doctors to communicate this issue well to their patients.
- Changing the publication culture and reward structure of scientific research.
- Patients have the right to (access to) the best treatments.
- Patient Advocates must be part of the Scientific Councils and decide on the research agenda.
- Improving the good use of blood, tissue and other relevant samples/data for research.
- Making it possible to find the right drugs and make them available.
- Taking care of Early Access to Drugs.
- Breaking down barriers when it comes to making new drugs available.

Quality of Care

- Arranging that all patients have the right and access to the best care.
- Promoting that patients will be treated in centers of excellence by the best doctors.
- Insisting on "making the right decisions" in hospitals. Patient Advocates must be part of the decision making authorities in healthcare.
- We organize that patients are part of their own treatment team.
- Patients have their own responsibility for their recovery and health, during and after their treatments.
- Not just patients will be made more literate. Also doctors have a long way to go. We provide.

Quality of Life

- Providing a focus on living with a good quality of life (which can be with cancer) and not on the cancer.
- You are not a cancer patient. You are Linda, mother of a child.
- You are not a widow. You are Ineke, not a widow of a diseased husband.
- You are not a man with limitations. You are Maurice, friend of Peter

never ever quit!

Getting cancer under control and inspire people to lead Happy and Healthy lives in Harmony with cancer! • www.inspire2live.org



International Cooperation

- Optimizing research and stimulate international cooperation in research. Only the best research helps patients.
- Taking care of knowledge sharing between patients from different countries.
- Bringing patients, clinicians and researchers together to speed up the process of getting cancer under control.
- Combine the emotional power of the patient advocates and their arguments and facts.
- Providing innovation of all cancer care as fast as possible.
- Breaking down the silos in research and healthcare.

The role of Patient Advocates:

- Involved in the decision making process of cancer care and access to cancer care.
- Involved in the decision making process of the cancer research agenda.
- It's about the awareness of what to work on for the Patient Advocates.
- It's about education of the patients and their doctors.
- It's about being the voice of the patient.
- It's about being the connection between patients, clinicians and researchers.

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